

1 - 1

2016 .

01.04.2016 - 14:00

01.04.2016 - 14:00

, 800m

25 - 94

1 5, 14:00

3	57	-	17:00.00
4	65		16:00.00
5	51		17:00.00
6	40		18:10.00

2 5, 14:19

1	84		14:42.15
2	86	105-	13:59.00
3	68	-	13:35.00
4	69		13:30.16
5	86		13:31.55
6	77		13:45.00
7	66		14:10.00
8	52		15:31.00

3 5, 14:36

1	84	105-	13:25.00
2	67	-	13:03.00
3	83	()	12:56.00
4	87		12:40.00
5	71		12:47.00
6	76		12:56.04
7	83		13:05.00
8	48		13:30.00

4 5, 14:50

1	75		12:27.17
2	60		12:12.12
3	80	()	12:00.00
4	77		11:42.60
5	86		11:50.00
6	69	-	12:05.00
7	74		12:25.00
8	68		12:30.00

5 5, 15:04

1	64		11:30.00
2	79	()	11:07.03
3	69		10:55.00
4	72		10:30.00
5	91		10:45.00
6	88		11:00.00
7	69		11:10.00
8	84		11:42.47

2
01.04.2016 - 15:17

, 800m

25 - 94

1 8, 15:17

3	40 ()	19:00.00
4	40	17:10.00
5	37	18:30.00

2 8, 15:37

2	50	16:40.00
3	40 -	16:25.00
4	44	16:00.00
5	54	16:07.00
6	48	16:30.00
7	36	17:00.00

3 8, 15:55

1	50	14:50.00
2	46	14:18.00
3	49	13:41.30
4	62	13:30.00
5	56	13:40.00
6	63	14:15.00
7	60	14:30.00
8	48 ()	14:50.00

4 8, 16:11

1	54 ()	13:20.00
2	45	12:45.50
3	46	12:40.00
4	65	12:22.22
5	63	12:30.00
6	48	12:40.00
7	62	13:20.00
8	53	13:30.00

5 8, 16:25

1	56	12:15.00
2	70	12:00.00
3	57	11:50.00
4	61 ()	11:40.00
5	72	11:45.00
6	63	11:50.00
7	67	12:00.00
8	60	12:15.00

2, , 800m

6 8, 16:38

1	73	11:15.00
2	59	11:00.00
3	59	11:00.00
4	64	10:59.00
5	58	11:00.00
6	59	11:00.00
7	56	11:10.00
8	64	11:18.00

7 8, 16:51

1	76	10:40.00
2	75	10:39.99
3	82	10:29.90
4	69	10:05.00
5	67	10:20.00
6	81 43	10:30.00
7	81	10:40.00
8	66	10:50.00

8 8, 17:03

1	60	9:46.99
2	73	9:40.00
3	87	9:29.99
4	91 43	8:24.28
5	89 ()	8:45.00
6	85	9:30.00
7	77	9:44.00
8	78 ()	9:55.96

3

, 50m

25 - 94

01.04.2016 - 17:14

1 10, 80 - 84 , 17:14

1	35	1:20.00
2	38	1:20.00
3	38	1:15.00
4	41	1:00.00
5	38	1:20.00
6	49	55.00
7	51	51.00
8	50	1:08.00

3, , 50m

2 10, 60 - 64 , 17:16

2	54	50.00
3	54	46.00
4	54	45.00
5	55	45.80
6	54	47.00
7	55 ()	50.00

3 10, 55 - 59 , 17:18

1	59	55.00
2	61	48.00
3	57	46.80
4	61	42.00
5	61	43.00
6	59 105-	47.00
7	61 ()	48.02

4 10, 50 - 54 , 17:20

1	63	50.04
2	65	38.00
3	66 -	41.00
4	63	48.00
5	69	48.00
6	68	46.00
7	70	52.00

5 10, 45 - 49 , 17:22

1	69	45.00
2	69	43.50
3	68	39.50
4	71	36.90
5	69	39.00
6	69	40.00
7	68	45.00
8	71	45.00

6 10, 40 - 44 , 17:24

2	73	52.00
3	74 ()	45.00
4	74	43.00
5	74	43.00
6	74	48.00

7 10, 40 - 44 , 17:26

1	76	42.00
2	75 43	41.00
3	72	39.00
4	73	38.50
5	72	39.00
6	75 -	41.00
7	76	41.50
8	72 43	43.00

3, , 50m

8 10, 35 - 39 , 17:27

1	77		49.00
2	81		42.00
3	78	()	39.50
4	78	-	36.41
5	77		39.50
6	80	43	41.00
7	77		43.00
8	79		50.00

9 10, 30 - 34 , 17:29

2	86		47.00
3	83		45.00
4	82		37.00
5	82		39.00
6	83	()	47.00
7	84		47.22

10 10, 25 - 29 , 17:31

1	90	()	52.00
2	90		40.00
3	88		38.00
4	87		35.00
5	88	-	36.00
6	88		39.00
7	87		42.50

4

, 50m

25 - 94

01.04.2016 - 17:33

1 16, 90 - 94 , 17:33

2	25		1:00.00
3	35		55.01
4	38		1:00.00
5	40		52.00
6	37		54.00
7	38	105-	1:12.00

2 16, 75 - 79 , 17:36

1	37		52.00
2	41		48.70
3	41		44.00
4	38		48.00
5	41		50.00
6	40		51.00
7	43		53.00
8	43		55.00

4, , 50m

3 16, 70 - 74 , 17:37

1	43		50.00
2	46		46.00
3	46		45.00
4	45		42.00
5	46		44.00
6	46		46.00
7	44	()	48.00
8	46		50.00

4 16, 65 - 69 , 17:39

1	51		50.00
2	48		45.00
3	47		42.00
4	49	U-club	38.50
5	50		41.00
6	49		44.00
7	47		50.00

5 16, 60 - 64 , 17:41

2	56	()	55.20
3	55		40.00
4	54		37.10
5	55		40.00
6	55	()	47.00

6 16, 60 - 64 , 17:43

1	54	U-club	36.00
2	55		35.00
3	53	U-club	35.50
4	55		37.05
5	60		42.50
6	57		42.00
7	59		42.00
8	60		43.68

7 16, 55 - 59 , 17:45

1	58		40.50
2	59		39.00
3	61		36.00
4	59	Nepean Masters	34.00
5	57		34.17
6	58		39.00
7	58		40.00
8	60		41.01

4, , 50m

8 16, 50 - 54 , 17:46

1	66	-	39.00
2	64		36.00
3	63		35.50
4	64	43	35.00
5	62		35.33
6	62		36.00
7	64		38.00
8	66		43.45

9 16, 50 - 54 , 17:48

1	66		34.00
2	62		34.00
3	65		32.50
4	65		33.80
5	63		34.00
6	68		37.50
7	69		44.70
8	71		NT

10 16, 45 - 49 , 17:50

1	69		36.50
2	69		35.00
3	67		35.00
4	67		33.50
5	67		33.77
6	68		35.00
7	67		36.00
8	71	()	37.30

11 16, 45 - 49 , 17:52

1	69		33.00
2	68		31.20
3	71		31.80
4	71	()	33.00
5	73		41.00
6	72		37.00
7	74		38.88
8	72		42.00

12 16, 40 - 44 , 17:53

1	75		34.00
2	74		32.80
3	72		32.50
4	73		32.00
5	74	()	32.00
6	76		32.60
7	75		34.00
8	74		36.00

4, , 50m

13 16, 35 - 39 , 17:55

1	78		38.64
2	79		37.00
3	79		36.00
4	77		34.00
5	78	-	35.00
6	79		36.40
7	79		37.00
8	80		39.30

14 16, 35 - 39 , 17:56

1	78		33.50
2	78		33.04
3	81		32.50
4	81	105-	28.79
5	81		30.50
6	81	()	32.50
7	78		33.37
8	85		38.50

15 16, 30 - 34 , 17:58

1	83	-	33.50
2	84		32.30
3	83		30.56
4	85		29.50
5	82		30.00
6	84		31.00
7	82		33.00
8	85		35.00

16 16, 25 - 29 , 18:00

1	87		43.00
2	87	()	31.52
3	87		31.00
4	89	()	29.00
5	89		30.67
6	89		31.50
7	87		32.00

5

, 100m

25 - 94

01.04.2016 - 18:02

5, , 100m

1 7, 75 - 79 , 18:02

1	38		2:10.00
2	38		1:58.00
3	51		1:56.00
4	51		1:46.00
5	51		1:48.00
6	54		1:17.00
7	56		1:50.00

2 7, 55 - 59 , 18:05

1	59		1:46.00
2	57		1:13.00
3	60	-	1:20.00
4	59	105-	1:29.00
5	63	()	1:25.00
6	64		1:11.00
7	65		1:16.00

3 7, 45 - 49 , 18:08

1	71	()	1:29.00
2	68		1:24.00
3	67	-	1:18.00
4	71		1:06.00
5	69		1:09.00
6	67		1:20.00
7	68		1:25.00
8	75		1:32.00

4 7, 40 - 44 , 18:10

1	75		1:28.00
2	72		1:14.20
3	72		1:05.90
4	73		1:03.00
5	75		1:03.05
6	74	43	1:12.90
7	75		1:17.17
8	74		1:31.00

5 7, 35 - 39 , 18:13

2	77		1:29.00
3	79	105-	1:14.50
4	81		1:08.00
5	79	()	1:12.00
6	77		1:25.00

6 7, 30 - 34 , 18:15

2	85	()	1:30.00
3	82		1:08.02
4	83		1:02.00
5	83		1:06.00
6	83	()	1:25.00

5, , 100m

7 7, 25 - 29 , 18:18

1	88		1:15.00
2	87		1:10.50
3	88	-	1:02.00
4	90		59.00
5	88		1:00.20
6	88		1:05.00
7	90		1:12.00

6

, 100m

15 - 94

01.04.2016 - 18:21

1 17, 75 - 79 , 18:21

2	40		1:48.00
3	41		1:30.00
4	37		1:23.50
5	41		1:24.00
6	37		1:40.00

2 17, 70 - 74 , 18:23

1	43		1:44.00
2	44	-	1:22.00
3	42	-	1:20.00
4	46		1:10.50
5	43		1:16.00
6	46	43	1:20.00
7	46		1:29.00
8	45	()	NT

3 17, 65 - 69 , 18:26

2	50		1:42.00
3	47		1:30.00
4	47		1:25.00
5	49		1:28.00
6	48		1:40.00

4 17, 65 - 69 , 18:29

1	47		1:16.00
2	47		1:11.00
3	51		1:08.00
4	50		1:08.50
5	51	-	1:14.50
6	49		1:20.00
7	54		1:30.00
8	54		1:36.00

6, , 100m

5 17, 60 - 64 , 18:31

1	55		1:15.00
2	56		1:10.00
3	56	-	1:04.90
4	54	-	1:02.50
5	55	-	1:04.00
6	56	-	1:07.00
7	55		1:14.50
8	52	()	1:30.00

6 17, 55 - 59 , 18:34

1	60		1:20.00
2	61		1:07.00
3	57	43	1:05.50
4	61		59.00
5	58		1:05.00
6	58		1:06.50
7	60		1:15.00

7 17, 50 - 54 , 18:36

1	63		1:19.00
2	62		1:05.00
3	64		1:03.50
4	62		1:01.00
5	66		1:01.00
6	66	-	1:04.00
7	64		1:05.00
8	65		1:30.00

8 17, 50 - 54 , 18:39

1	65		1:00.50
2	63		59.89
3	64		59.05
4	66		59.60
5	66	-	59.90
6	71	-	1:12.00
7	69		1:09.90
8	71		1:25.00

9 17, 45 - 49 , 18:41

1	69		1:07.00
2	69		1:05.00
3	67	()	1:05.00
4	67		1:03.40
5	70		1:03.76
6	68	43	1:05.00
7	70		1:06.00
8	70		1:09.00

6, , 100m

10 17, 45 - 49 , 18:43

1	69		1:01.00
2	69	()	1:00.15
3	70		58.90
4	71		57.00
5	67		1:00.00
6	68		1:00.30
7	70		1:01.00

11 17, 40 - 44 , 18:45

1	74		1:10.00
2	74		1:09.23
3	72		1:06.00
4	74		1:00.01
5	76		1:05.00
6	73		1:06.00
7	72		1:10.00

12 17, 40 - 44 , 18:48

1	73		1:00.00
2	72		59.00
3	76		57.00
4	74		56.06
5	75		57.00
6	75		58.00
7	72		59.20
8	77	()	1:15.50

13 17, 35 - 39 , 18:50

1	78		1:08.30
2	80		1:08.00
3	77		1:01.00
4	77	()	59.50
5	78		1:00.30
6	79		1:03.50
7	81		1:08.00
8	81	-	1:10.00

14 17, 35 - 39 , 18:52

1	80		59.00
2	81		55.01
3	79		56.80
4	78		59.30
5	86	()	1:08.00
6	84		1:04.00
7	84		1:07.00
8	85		NT



XXV

, 1-3

2016

"

"

6, , 100m

<u>15</u> <u>17, 30 - 34</u> <u>, 18:54</u>			
1	85		1:00.60
2	86	-	59.00
3	82		59.00
4	85		55.80
5	85	-	56.50
6	86	-	59.00
7	86		1:00.00
8	85	()	1:03.00
<u>16</u> <u>17, 25 - 29</u> <u>, 18:56</u>			
2	88	()	1:15.00
3	88		57.50
4	90		56.30
5	90	-	56.90
6	90		59.00
7	87		1:20.00
<u>17</u> <u>17, 25 - 29</u> <u>, 18:58</u>			
1	88	()	54.50
2	87		53.00
3	90	-	52.00
4	91		52.50
5	87		54.12
EXI6	94	()	54.80
EXI7	93	()	55.10
EXI8	97	()	1:02.00

7 , 4 x 50m 100 - 359
01.04.2016 - 19:01

<u>1</u> <u>2,</u> <u>240 - 279, 19:01</u>				
2				2:48.00
3	54,	61,	60,	40
43		43		2:40.00
	64,	75,	74,	41
4				2:23.00
	60,	64,	73,	65
5				2:35.00
	68,	68,	61,	67
6				2:36.00
	71,	54,	81,	57
7	105-	105-		2:55.00
	75,	59,	59,	79

" "

7, , 4 x 50m

2 2, 160 - 199, 19:05

1		67,	72,	74,	79	2:26.00
2		67,	68,	64,	88	2:21.00
3		71,	72,	83,	73	2:17.50
4		76,	69,	77,	81	2:20.00
5	73,	55,	87,	71		2:22.15
6		75,	77,	66,	69	2:47.00
7	73,	68,	88,	90		2:25.00
8		86,	81,	88,	84	2:25.00

8

, 4 x 50m

100 - 359

01.04.2016 - 19:09

1 4, 320 - 359, 19:09

1		33,	37,	37,	36	3:15.00	
2		46,	47,	41,	47	2:30.00	
3		46,	44,	51,	43	2:27.00	
4 43		52,	54,	43	54	2:33.00	
5		60,	55,	59,	47	2:17.00	
6		49,	65,	63,	46	2:08.00	
7 U-club		54,	49,	U-club	53,	49	2:16.00
8		43,	47,	67,	60	2:30.00	

2 4, 200 - 239, 19:13

2		80,	62,	62,	54	2:09.00	
3	-	56,	83,	-	66,	55	2:07.00
4		58,	66,	74,	64	2:02.00	
5		60,	54,	61,	62	2:04.00	
6		69,	76,	56,	59	2:07.00	

8, , 4 x 50m

7		61,	69,	55,	67	2:12.00
<hr/>						
3	4,	160 - 199, 19:17				
1	-	64,	86,	85,	54	2:04.00
2		73,	75,	76,	72	2:03.00
3		60,	81,	78,	81	1:58.00
4		74,	73,	87,	70	1:51.30
5		87,	74,	66,	77	1:55.00
6		90,	77,	77,	47	2:00.00
7		70,	67,	82,	66	2:04.00
8		71,	66,	81,	79	2:05.00

4 4, 120 - 159, 19:20

2		79,	80,	79,	86	2:10.00
3		88,	90,	79,	75	1:58.00
4		87,	89,	77,	87	1:52.00
5		87,	90,	85,	79	1:52.00
6		81,	81,	79,	79	2:05.00

19:23 10

9 , 200m 25 - 94
01.04.2016 - 19:33

9, , 200m

1 2, 55 - 59 , 19:33

3	59	2:57.00
4	65	3:18.02
5	63	3:35.00

2 2, 45 - 49 , 19:38

1	67	3:47.00
2	68	3:45.00
3	72	2:50.00
4	74	3:50.00
5	81	3:30.00
6	85	2:39.00

10
01.04.2016 - 19:43

, 200m

25 - 94

1 5, 80 - 84 , 19:43

1	34	4:00.00
2	37	4:55.00
3	43	4:10.00
4	45	3:40.50
5	46	3:41.00
6	50	3:50.00
7	50	3:14.00
8	47	3:50.00

2 5, 60 - 64 , 19:49

1	52	3:55.00
2	54	3:40.00
3	55	3:25.50
4	56	3:10.00
5	54	3:20.00
6	56	3:30.00
7	54 ()	3:50.00
8	60	3:52.00

3 5, 55 - 59 , 19:54

1	59	3:10.00
2	58	3:00.00
3	57	2:32.04
4	60	2:39.88
5	61	3:03.80
6	62	2:45.00
7	66	2:40.00
8	62	3:03.00

10, , 200m

4 5, 45 - 49 , 19:58

1	67		2:22.00
2	67		2:33.00
3	75		2:57.43
4	73		2:45.00
5	73		2:40.00
6	75		2:40.00
7	73	()	2:56.00
8	72		3:12.00

5 5, 35 - 39 , 20:03

1	78		2:59.00
2	80	105-	2:13.00
3	77		2:40.00
4	86	-	2:40.00
5	82		2:45.00
6	87		2:18.00
7	90		2:25.00

11

, 200m

25 - 94

01.04.2016 - 20:07

1 5, 75 - 79 , 20:07

2	41		4:20.00
3	48		3:22.00
4	49		4:25.00
5	54		4:00.00
6	53		4:29.00
7	57	-	4:40.00

2 5, 55 - 59 , 20:13

1	61		3:45.00
2	57	-	3:30.00
3	61		3:40.00
4	58		3:20.00
5	60		3:11.00
6	65		3:07.71
7	64	43	3:06.00
8	62	()	3:20.00

3 5, 45 - 49 , 20:17

1	69		3:30.82
2	68		3:21.00
3	67		3:00.00
4	68	U-club	2:45.45
5	68	105-	2:50.00
6	67		3:12.00
7	67	-	3:29.00

11, , 200m

4 5, 40 - 44 , 20:22

1	72		3:11.00
2	72		2:40.00
3	73		2:55.00
4	76		3:05.00
5	78		3:05.00
6	77		2:55.00
7	78	()	3:04.00
8	80		3:10.00

5 5, 30 - 34 , 20:26

2	82	-	3:10.00
3	84		2:35.00
4	85	()	2:50.00
5	89		2:40.00
6	91		2:35.00
7	87		2:40.00

12

, 200m

25 - 94

01.04.2016 - 20:31

1 9, 80 - 84 , 20:31

3	33		4:00.00
4	40	()	4:00.00
5	41		3:59.00
6	40	()	5:00.00

2 9, 70 - 74 , 20:37

2	44	U-club	3:50.00
3	46		3:25.00
4	46		3:18.23
5	46		3:25.00
6	43	-	3:47.00
7	45		3:52.00

3 9, 65 - 69 , 20:42

2	49		3:49.00
3	49	U-club	3:24.00
4	48		3:20.00
5	48		3:20.00
6	50	-	3:45.00

12, , 200m

4 9, 60 - 64 , 20:46

1	52	-	3:45.00
2	54	-	3:30.00
3	56		3:05.00
4	56		2:54.00
5	54		2:55.00
6	55		3:07.00
7	54		3:40.00
8	56		NT

5 9, 55 - 59 , 20:51

2	58		2:50.00
3	60		2:37.00
4	57		2:30.20
5	60		2:32.00
6	59		2:49.00
7	60		2:57.50

6 9, 50 - 54 , 20:55

2	64	-	2:50.00
3	62		2:43.50
4	63		2:30.19
5	65		2:40.00
6	64	-	2:45.00

7 9, 45 - 49 , 20:59

1	68		3:15.00
2	70		3:00.00
3	69		2:36.00
4	68		2:24.00
5	71	Kipsala	2:25.00
6	69		2:40.00
7	71		3:05.00

8 9, 35 - 39 , 21:03

2	79		2:40.00
3	78		2:40.00
4	80		2:28.00
5	79		2:35.50
6	79		2:40.00
7	81		2:40.00

9 9, 30 - 34 , 21:07

2	84	()	2:49.00
3	85		2:45.00
4	88		2:20.00
5	90	-	2:15.00
6	87		2:16.00
7	87		2:23.50

13 , 4 x 100m 100 - 359
01.04.2016 - 21:11

1 1, 120 - 159, 21:11

EX14 87, 68, 85, 88 4:26.00

2 - 2 2016 . 02.04.2016 - 10:00

14 , 50m 25 - 94
02.04.2016 - 10:00

1 9, 80 - 84 , 10:00

2	35	1:10.00
3	36	35.00
4	38	55.00
5	40	45.00
6	38	57.00

2 9, 70 - 74 , 10:02

1	46	44.00
2	42	46.00
3	51	48.00
4	51	38.00
5	51	43.00
6	50	56.00
7	54	33.00
8	56	36.00

3 9, 55 - 59 , 10:04

1	58	49.90
2	59	105- 37.00
3	57	34.60
4	57	32.00
5	60	- 34.50
6	59	43 36.00
7	59	45.00

14, , 50m

4 9, 50 - 54 , 10:06

2	63	()	34.00
3	64		31.80
4	65		32.30
5	63		40.00
6	69		41.00

5 9, 45 - 49 , 10:08

1	69		36.00
2	71		30.00
3	67		29.00
4	69		30.00
5	70		35.00
6	75		39.05
7	75		38.00
8	74		39.00

6 9, 40 - 44 , 10:09

1	75		34.17
2	72		32.00
3	72		29.75
4	75		27.80
5	73		28.50
6	74	43	30.50
7	72	43	33.00
8	74		35.00

7 9, 35 - 39 , 10:11

1	77		35.00
2	79	()	32.00
3	77		29.00
4	81		30.70
5	79	105-	32.50
6	77		36.50
7	83	()	36.00
8	85	()	53.04

8 9, 30 - 34 , 10:13

1	86		35.25
2	86		30.00
3	82		30.00
4	83		28.00
5	82		30.00
6	83		30.00
7	83	()	32.00
8	90		33.50

14, , 50m

9 9, 25 - 29 , 10:14

1	89	-	31.00
2	88		29.50
3	88		28.40
4	88		27.00
5	88	-	28.00
6	89		28.50
7	88		30.00
8	87		32.50

15

, 50m

15 - 94

02.04.2016 - 10:16

1 22, 90 - 94 , 10:16

3	25		51.00
4	30		53.00
5	36		37.50
6	36		42.00

2 22, 75 - 79 , 10:18

1	38	105-	51.00
2	39		47.00
3	37		37.00
4	41		34.00
5	41		36.00
6	41		37.00
7	40		48.00

3 22, 70 - 74 , 10:20

1	46	43	45.00
2	43		43.00
3	43		40.00
4	44		36.00
5	46		39.00
6	45		40.00
7	42		45.00
8	45	()	NT

4 22, 70 - 74 , 10:22

1	44	U-club	35.00
2	46		34.00
3	43		33.40
4	46		30.50
5	43		32.50
6	46		33.50
7	43		35.00
8	50		42.00

15, , 50m

5 22, 65 - 69 , 10:24

1	48	()	38.00
2	47		37.00
3	49		35.55
4	49		34.00
5	49		35.00
6	51		36.00
7	48		38.00
8	49		41.00

6 22, 65 - 69 , 10:25

1	51	-	33.20
2	47		31.00
3	50		29.50
4	47		31.00
5	47		32.00
6	54		38.00
7	52	()	38.00
8	54		41.00

7 22, 60 - 64 , 10:27

1	55		33.00
2	56		32.00
3	54	43	32.00
4	56		30.50
5	54		31.00
6	55		32.00
7	54	()	33.00
8	55		34.00

8 22, 60 - 64 , 10:28

1	55	-	30.50
2	56	-	28.50
3	54	-	27.50
4	55		28.20
5	56	-	29.70
6	59		33.00
7	60		32.50
8	60		34.56

9 22, 55 - 59 , 10:30

1	58		30.00
2	58		29.30
3	57	43	28.50
4	61		26.50
5	61		28.20
6	61		29.20
7	61		29.30
8	58		31.05

15, , 50m

10 22, 50 - 54 , 10:32

1	66		31.50
2	64	105-	29.50
3	64		29.05
4	64		28.00
5	64		28.50
6	64	43	29.13
7	64		31.00
8	66		32.50

11 22, 50 - 54 , 10:33

1	66	-	27.69
2	62		27.50
3	63		27.00
4	66		27.30
5	62		27.50
6	62		28.00
7	69		35.50
8	71		NT

12 22, 45 - 49 , 10:35

1	68		31.00
2	67		30.00
3	69		29.90
4	69		28.80
5	67		29.10
6	67	()	30.00
7	70		30.00
8	71	-	32.00

13 22, 45 - 49 , 10:36

1	70		28.00
2	68		27.40
3	67		27.00
4	71		26.80
5	70		26.90
6	69		27.00
7	69	()	27.50
8	69		28.40

14 22, 45 - 49 , 10:38

1	67		26.30
2	69		24.15
3	68		25.22
4	71		25.50
5	73		30.50
6	73		30.00
7	72		32.00
8	74		44.40

15, , 50m

15 22, 40 - 44 , 10:39

1	75	29.00
2	74	28.47
3	72	26.80
4	73	26.50
5	75 ()	26.50
6	74	28.08
7	76	28.50
8	72	29.30

16 22, 40 - 44 , 10:41

1	75	26.00
2	76	25.80
3	74	24.00
4	74	24.77
5	72	26.00
6	77 ()	30.05
7	79	29.50
8	79	30.00

17 22, 35 - 39 , 10:42

1	80	29.00
2	79	27.50
3	81	27.00
4	78	27.00
5	80	27.00
6	79	27.30
7	79	28.00
8	80	29.30

18 22, 35 - 39 , 10:44

1	78	26.30
2	77 ()	26.00
3	77	25.10
4	79	25.20
5	79	26.00
6	80	26.50
7	84	29.00
8	85	30.22

19 22, 30 - 34 , 10:45

1	85 ()	28.00
2	84	27.00
3	86	26.85
4	86	26.09
5	85	26.50
6	83	26.90
7	85	27.00
8	82	29.00

15, , 50m

20 22, 30 - 34 , 10:47

1	82		26.00
2	85		25.50
3	85		23.70
4	84		25.20
5	85		25.90
6	88	()	29.00
7	90		27.00
8	87		33.00

21 22, 25 - 29 , 10:48

1	91	105-	26.10
2	90		25.90
3	90	-	25.00
4	90	105-	24.90
5	90	-	25.00
6	88		25.20
7	90		26.00
8	87		27.00

22 22, 25 - 29 , 10:50

1	91		24.80
2	87		24.35
3	90	-	22.80
4	87		24.00
5	88		24.50
6	88	()	24.90
EX17	93	()	25.00
EX18	97	()	26.50

16

, 100m

25 - 94

02.04.2016 - 10:52

1 7, 80 - 84 , 10:52

4	35		3:03.00
5	41		2:10.00

2 7, 65 - 69 , 10:56

1	51		1:52.00
2	54		1:46.00
3	54		1:45.00
4	54		1:40.00
5	55		1:44.50
6	55	()	1:45.00
7	59		2:05.00
8	58		2:08.05

16, , 100m

3 7, 55 - 59 , 10:59

1	59	105-	1:46.00
2	60		1:33.33
3	61		1:36.00
4	61		1:40.00
5	66	-	1:35.00
6	65		1:24.00
7	64		1:34.00
8	63		1:45.00

4 7, 45 - 49 , 11:02

1	68		1:40.00
2	69		1:36.00
3	68		1:28.00
4	71		1:22.00
5	69		1:24.00
6	69		1:30.00
7	67		1:40.00
8	67	-	1:45.00

5 7, 40 - 44 , 11:05

1	75	43	1:32.00
2	76		1:30.00
3	74		1:30.00
4	73		1:22.50
5	72		1:30.00
6	76		1:30.00
7	75	-	1:31.00
8	74		1:48.00

6 7, 35 - 39 , 11:07

2	79		1:50.00
3	80	43	1:32.00
4	78	-	1:21.05
5	78	()	1:30.00
6	81		1:33.00
7	81		1:50.50

7 7, 30 - 34 , 11:10

1	83	()	1:45.00
2	82		1:20.00
3	84		1:44.29
4	88		1:29.00
5	90		1:24.00
6	88	-	1:20.00
7	88		1:23.50
8	90	()	1:55.00

17
02.04.2016 - 11:14

, 100m

15 - 94

_____ 1 _____ 13, 80 - 84 _____ , 11:14

4	35		2:06.00
5	38		2:15.00

_____ 2 _____ 13, 75 - 79 _____ , 11:17

1	38		2:10.00
2	37		1:56.00
3	40		1:56.00
4	41		2:07.00
5	43		1:58.00
6	43		1:50.00
7	46		1:50.00
8	43		2:00.00

_____ 3 _____ 13, 70 - 74 _____ , 11:20

1	46		1:46.00
2	44	-	1:45.00
3	45		1:38.00
4	46		1:38.00
5	46		1:45.00
6	50		1:45.00
7	49	U-club	1:28.50
8	50		1:32.00

_____ 4 _____ 13, 60 - 64 _____ , 11:23

1	55	()	1:47.00
2	55		1:26.00
3	54	U-club	1:22.50
4	53	U-club	1:20.00
5	55		1:20.50
6	54		1:24.00
7	55		1:30.00

_____ 5 _____ 13, 55 - 59 _____ , 11:26

1	58		1:35.00
2	59		1:26.00
3	59		1:15.00
4	57		1:12.15
5	60		1:14.00
6	61		1:19.00
7	60		1:34.00

17, , 100m

6 13, 50 - 54 , 11:28

1	63		1:24.50
2	65		1:18.00
3	63		1:16.00
4	62		1:14.00
5	65		1:15.00
6	66		1:17.00
7	64	105-	1:22.00

7 13, 45 - 49 , 11:31

2	71	()	NT
3	68		1:20.50
4	68		1:18.00
5	67		1:20.00
6	68		1:35.00

8 13, 45 - 49 , 11:33

1	67		1:16.77
2	71	()	1:15.75
3	71		1:10.00
4	67		1:14.70
5	69		1:16.00
6	69		1:17.50
7	72		1:23.00
8	73		1:30.00

9 13, 40 - 44 , 11:36

1	74		1:20.00
2	72		1:14.70
3	74	()	1:12.00
4	76		1:10.00
5	73		1:12.00
6	74		1:14.00
7	75		1:17.00
8	75		1:20.00

10 13, 35 - 39 , 11:38

2	79		1:27.43
3	78	-	1:22.00
4	81		1:15.00
5	78		1:15.20
6	78		1:25.02
7	81	-	1:32.00

11 13, 35 - 39 , 11:41

1	78		1:15.00
2	77		1:15.00
3	81	()	1:13.00
4	81	105-	1:06.00
5	81		1:07.50
6	81		1:14.00
7	78		1:15.00
8	78		1:15.00

17, , 100m

12 , 11:43

1	85		1:27.00
2	83	-	1:17.00
3	84		1:10.00
4	82		1:07.00
5	83		1:08.00
6	84		1:12.00
7	82		1:20.00

13 , 11:45

1	87		1:30.00
2	87		1:12.00
3	89		1:09.34
4	87		1:10.00
5	89		1:12.50
EXI6	94	()	1:09.00
EXI7	97	()	1:18.00

18
02.04.2016 - 11:48

, 400m

25 - 94

1 , 11:48

3	89	()	9:00.00
4	67		7:50.00
5	68		8:25.00

2 , 11:58

1	68	-	7:50.00
2	84	105-	7:41.00
3	83	()	7:25.00
4	74		7:09.00
5	61		7:20.00
6	48		7:35.00
7	77		7:45.00

3 , 12:07

1	88		6:50.00
2	86		6:40.00
3	65		6:20.00
4	72		5:40.00
5	87		5:45.00
6	84		6:21.22
7	63		6:50.00
8	75	105-	7:05.00

19
02.04.2016 - 12:16

, 400m

25 - 94

1 5, 12:16

1	40		9:45.00
2	60		8:30.00
3	50		7:55.00
4	47		7:45.00
5	43		7:55.00
6	34		8:00.00
7	37		9:45.00
8	50	-	9:55.00

2 5, 12:27

1	42	-	7:30.00
2	50		7:21.00
3	49	U-club	7:20.00
4	66		6:55.00
5	72		7:13.00
6	54		7:20.00
7	55	-	7:30.00
8	52	-	7:30.00

3 5, 12:35

1	60		6:31.80
2	59		6:25.00
3	56		6:18.00
4	77		6:10.00
5	64		6:15.00
6	59		6:20.00
7	75		6:29.93
8	63		6:45.00

4 5, 12:43

1	59		6:06.00
2	77		6:00.00
3	72		5:59.00
4	66		5:50.00
5	62		5:50.50
6	61		6:00.00
7	62		6:03.00
8	64		6:09.50

5 5, 12:50

1	65		5:40.00
2	90		5:25.00
3	67		5:18.15
4	91	43	4:38.21
5	80	105-	4:55.00
6	87		5:19.99
7	86	-	5:30.00
8	60		5:44.77

20 , 4 x 50m 100 - 359
02.04.2016 - 12:57

1 4, 280 - 319, 12:57

2						2:40.00
	44,	40,	56,	42		
3	-		-			2:20.00
	60,	40,	68,	51		
4						2:03.00
		51,	69,	46,	54	
5 43			43			2:20.00
	54,	41,	64,	57		
6						2:28.00
		59,	52,	54,	55	

2 4, 200 - 239, 13:01

2 43			43			2:08.00
	64,	59,	72,	68		
3						2:01.00
	54,	65,	82,	63		
4						1:59.00
	71,	62,	57,	73		
5						2:00.00
	67,	65,	65,	61		
6						2:05.00
	55,	67,	72,	69		
7						2:10.00
	56,	68,	61,	59		

3 4, 160 - 199, 13:04

1						2:15.00
	79,	68,	66,	67		
2						2:00.00
	72,	73,	68,	69		
3						1:53.00
	62,	77,	81,	81		
4						1:51.00
		75,	69,	64,	88	
5						1:51.77
	67,	72,	84,	72		
6 105-			105-			1:57.00
	68,	64,	79,	81		
7						2:11.00
	60,	87,	67,	88		



XXV

, 1-3

2016

" "

20, , 4 x 50m

4 4, 120 - 159, 13:07

1	86,	77,	86,	80	2:10.00
2	82,	85,	78,	78	1:54.00
3	84,	88,	86,	85	1:48.00
4	75,	85,	71,	87	1:53.00
5	75,	88,	90,	76	2:00.00
6	91,	87,	90,	81	1:50.00
7	90,	88,	88,	86	1:55.00

13:11 10

21

, 50m

25 - 94

02.04.2016 - 13:21

1 5, 75 - 79 , 13:21

1	41	43	59.00
2	46		53.00
3	51		1:02.00
4	49		49.20
5	51		52.00
6	54		47.00
7	54		44.00
8	55		46.50

2 5, 55 - 59 , 13:23

2	57	-	44.00
3	57		38.00
4	59	43	40.00
5	65		39.70
6	66		38.00
7	66		49.00

3 5, 45 - 49 , 13:25

1	69		44.00
2	68		42.00
3	68	U-club	39.19
4	71		33.00
5	67		37.00
6	67	-	39.50
7	67		43.00

" "

50

21, , 50m

4 5, 40 - 44 , 13:27

1	74	44.50
2	74	36.00
3	75	30.05
4	72	32.00
5	72	37.00
6	81	35.00
7	78	33.30
8	77	42.00

5 5, 30 - 34 , 13:28

1	83	38.27
2	83	33.00
3	85	30.40
4	83	32.00
5	83	38.00
6	87	34.70
7	88	30.60
8	88	34.00

22

, 50m

25 - 94

02.04.2016 - 13:30

1 12, 80 - 84 , 13:30

4	35	54.50
5	36	55.50

2 12, 75 - 79 , 13:32

1	38	50.00
2	41	37.50
3	41	45.00
4	38	51.00
5	44	39.00
6	43	38.00
7	46	38.00
8	46	43.00

3 12, 65 - 69 , 13:34

1	51	45.00
2	47	38.00
3	50	35.00
4	47	36.00
5	47	40.00
6	54	35.00
7	56	34.00
8	55	39.00

22, , 50m

4 12, 60 - 64 , 13:36

1	56		33.60
2	54	-	33.00
3	54	U-club	31.00
4	55		30.30
5	53	U-club	31.00
6	56		31.00
7	56		33.50
8	55		34.00

5 12, 55 - 59 , 13:38

1	61		31.80
2	61		29.00
3	59	Nepean Masters	30.00
4	61		32.00
5	65		32.22
6	64		31.20
7	62		32.00

6 12, 50 - 54 , 13:39

1	62		29.50
2	66		29.05
3	62		29.49
4	62		31.00
5	70		34.00
6	70		31.20
7	67		32.00
8	69		42.00

7 12, 45 - 49 , 13:41

1	67		30.80
2	69		30.00
3	68		27.94
4	69		26.37
5	71		27.00
6	67		28.00
7	69	()	30.00
8	69		31.00

8 12, 40 - 44 , 13:42

1	76		30.70
2	74	()	29.00
3	73		28.50
4	74		26.00
5	75		28.00
6	72		29.00
7	73		29.70
8	72		31.00

22, , 50m

9 12, 35 - 39 , 13:44

1	78		32.00
2	79		31.50
3	79		28.50
4	78		28.00
5	80		28.00
6	81		29.00
7	79		31.50
8	79		34.00

10 12, 35 - 39 , 13:45

1	79		27.99
2	80	105-	26.50
3	77		26.80
4	77		28.00
5	86		29.85
6	83		28.50
7	82		29.00
8	82		30.00

11 12, 30 - 34 , 13:47

1	85	-	27.70
2	84		27.15
3	85		26.70
4	82		27.00
5	86	105-	27.20
6	86	-	28.40
7	87		29.00
8	89		29.50

12 12, 25 - 29 , 13:48

1	90	-	28.00
2	87	()	27.22
3	90		26.70
4	87		26.00
5	88		26.00
6	91		27.00
7	90	105-	28.00
8	90		28.50

23

, 100m

25 - 94

02.04.2016 - 13:50

23, , 100m

1 6, 70 - 74 , 13:50

2	42		1:48.00
3	49		1:55.00
4	48		1:33.00
5	54		1:45.00
6	53		1:59.00

2 6, 55 - 59 , 13:53

1	61	()	NT
2	61		1:40.00
3	59		1:35.00
4	59		1:24.00
5	58		1:35.00
6	57	-	1:36.00
7	57	-	2:10.00

3 6, 50 - 54 , 13:56

1	64	43	1:23.00
2	65		1:25.71
3	68		1:34.00
4	68		1:32.00
5	67		1:26.00
6	68	-	1:28.00
7	69		1:38.84

4 6, 45 - 49 , 13:59

1	67		1:22.00
2	68	105-	1:20.00
3	71		1:20.00
4	71		1:22.00
5	76		1:23.00
6	73		1:20.00
7	73		1:22.00
8	72		1:28.50

5 6, 35 - 39 , 14:02

2	80		1:30.00
3	78	()	1:22.00
4	77		1:14.00
5	77	105-	1:20.00
6	78		1:25.00

6 6, 30 - 34 , 14:04

1	82	-	1:30.00
2	84		1:10.00
3	85	()	1:17.00
4	90	()	2:05.00
5	91		1:13.00
6	89		1:14.00
7	89	()	3:00.00

24
02.04.2016 - 14:09

, 100m

25 - 94

1 10, 85 - 89 , 14:09

4	30		2:58.00
5	33		1:53.00

2 10, 75 - 79 , 14:13

1	40	()	2:30.00
2	40	()	1:50.00
3	43	-	1:48.00
4	45		1:40.00
5	46		1:28.50
6	46		1:35.00
7	44	U-club	1:45.00

3 10, 65 - 69 , 14:16

1	47		1:50.00
2	50	-	1:40.00
3	47		1:30.00
4	51		1:18.00
5	48		1:29.00
6	48		1:30.00
7	49		1:47.00
8	47		1:55.00

4 10, 60 - 64 , 14:19

1	56		NT
2	54		1:40.00
3	56		1:25.00
4	55		1:18.50
5	56		1:20.00
6	54	-	1:28.00
7	52	43	1:50.00

5 10, 55 - 59 , 14:22

2	57		1:30.00
3	60		1:21.90
4	59		1:17.00
5	61		1:17.00
6	61	()	1:24.00

6 10, 55 - 59 , 14:24

1	60		1:13.00
2	57		1:08.30
3	60		1:08.50
4	61		1:13.50
5	64	-	1:12.50
6	63		1:08.41
7	64	-	1:11.00
8	62		1:18.00

24, , 100m

7 10, 45 - 49 , 14:27

2	69		1:22.00
3	70		1:12.00
4	71	Kipsala	1:05.00
5	69		1:09.00
6	70		1:16.00

8 10, 40 - 44 , 14:29

1	75	()	1:15.00
2	73	()	1:13.00
3	74		1:04.00
4	74		1:06.66
5	73		1:13.00
6	81		1:15.00
7	78		1:15.00
8	81	43	1:15.00

9 10, 35 - 39 , 14:31

1	79		1:14.00
2	77		1:10.00
3	80		1:06.50
4	79		1:09.00
5	81		1:11.00
6	79		1:14.50
7	82	()	1:13.00
8	84	()	1:15.00

10 10, 25 - 29 , 14:33

1	87		1:05.00
2	90	-	1:01.00
3	90	-	59.00
4	87		56.50
5	90		59.00
6	87		1:01.00
7	88		1:04.00

25

, 200m

25 - 94

02.04.2016 - 14:36

1 6, 80 - 84 , 14:36

2	36		3:45.00
3	41		4:00.00
4	51		4:03.00
5	51		3:20.00
6	49		3:55.00

25, , 200m

2 6, 60 - 64 , 14:41

2	56		4:10.00
3	52		3:35.00
4	60	-	3:08.00
5	60		2:48.48
6	59	105-	3:20.00
7	57	-	3:47.00

3 6, 50 - 54 , 14:46

1	65		3:50.00
2	64		2:33.00
3	68		3:00.00
4	68		2:52.00
5	69		2:30.00
6	69	-	2:48.00
7	67	-	2:56.00

4 6, 40 - 44 , 14:51

2	76		2:57.36
3	74		2:53.00
4	73		2:26.00
5	75		2:50.17
6	75	-	2:55.00

5 6, 35 - 39 , 14:55

2	77		2:55.00
3	77		2:41.69
4	79		2:40.00
5	81		2:41.00
6	80	()	2:45.00
7	81		3:30.00

6 6, 30 - 34 , 15:00

1	83		3:11.00
2	82		2:35.00
3	86		2:58.00
4	86	105-	3:00.00
5	87		2:44.00
6	90		2:14.00
7	91		2:28.00
8	87		3:00.00

26
02.04.2016 - 15:04

, 200m

20 - 94

1 13, 80 - 84 , 15:04

1	36		3:40.00
2	40	()	4:12.00
3	40	-	3:25.00
4	37		3:15.00
5	41		3:17.00
6	40		4:05.00
7	46		3:29.00

2 13, 70 - 74 , 15:09

1	44		3:20.00
2	42	-	3:00.00
3	46		2:40.00
4	45		2:52.50
5	46		3:17.00
6	48		3:35.00
7	49		3:11.00
8	50		3:45.00

3 13, 65 - 69 , 15:14

1	48		2:55.00
2	51		2:35.00
3	47		2:40.00
4	49		2:59.30
5	56	()	3:22.00
6	56		3:10.00
7	54		3:25.00
8	54		NT

4 13, 60 - 64 , 15:19

1	55		2:46.00
2	56		2:45.00
3	56	-	2:32.00
4	56		2:22.00
5	54		2:28.00
6	54		2:40.00
7	56		2:45.00
8	53		3:01.00

5 13, 55 - 59 , 15:23

2	60		3:05.00
3	60		2:40.00
4	59		2:30.00
5	57		2:37.00
6	60		2:55.00
7	60		3:05.00

26, , 200m

6 13, 55 - 59 , 15:27

1	59	2:27.00
2	61	2:20.00
3	60	2:13.66
4	60	2:17.00
5	58	2:26.00
6	58	2:30.00
7	63	3:02.00
8	65	3:20.00

7 13, 50 - 54 , 15:31

1	63	2:52.00	
2	65	2:20.00	
3	66	-	2:14.00
4	64	2:08.00	
5	65	2:13.46	
6	66	2:15.00	
7	64	2:27.00	
8	71	-	2:44.00

8 13, 45 - 49 , 15:35

1	70	2:35.00	
2	69	2:25.40	
3	69	2:19.00	
4	67	2:18.00	
5	67	2:18.00	
6	67	2:19.15	
7	68	43	2:28.00
8	67	2:40.00	

9 13, 45 - 49 , 15:39

1	68	2:16.00
2	67	2:09.20
3	71	2:05.00
4	68	2:06.00
5	70	2:15.90
6	73	2:30.00
7	74	2:29.09
8	73	2:30.00

10 13, 40 - 44 , 15:42

1	76	2:25.00
2	74	2:18.77
3	75	2:10.50
4	73	2:08.00
5	75	2:08.00
6	72	2:12.50
7	72	2:25.00
8	76	2:25.00

26, , 200m

11 13, 35 - 39 , 15:46

2	80			2:38.00
3	81			2:10.00
4	81			2:01.91
5	78	()		2:09.99
6	79			2:10.60

12 13, 30 - 34 , 15:49

2	84			2:20.00
3	86	105-		2:15.00
4	85			2:03.00
5	85			2:15.00
6	82			2:16.00
7	85	()		2:30.00

13 13, 25 - 29 , 15:53

2	90			2:10.00
3	88	()		2:01.00
4	91	43		1:57.36
5	87			2:00.50
6	91	105-		2:08.00
EX17	94	()		1:59.00

27

, 4 x 50m

100 - 359

02.04.2016 - 15:56

1 4, 280 - 319, 15:56

2					3:38.00
3	46,	45,	55,	35	3:00.00
4	47,	40,	42,	51	2:28.00
5	65,	47,	64,	47	2:22.00
6	46,	60,	72,	46	2:26.00
7	58,	55,	47,	64	2:42.00
7 43	64,	54,	57,	41	

2 4, 200 - 239, 16:01

1					2:50.00
2	47,	63,	66,	56	2:25.00
3	68,	66,	67,	59	2:19.00
4	67,	72,	69,	55	2:03.00
	57,	68,	72,	67	

27, , 4 x 50m

5						2:07.00
	65,	65,	61,	67		
6						2:25.00
	43,	79,	47,	88		
7 43		43				2:26.00
	68,	64,	72,	59		
8						2:30.00
	68,	61,	56,	59		

3 4, 160 - 199, 16:05

2						2:13.50
	72,	69,	76,	73		
3						2:04.77
	84,	67,	72,	73		
4						1:58.00
	69,	68,	75,	90		
5						2:02.00
	63,	68,	85,	88		
6 -						2:08.00
	64,	66,	81,	88		
7						2:15.00
	69,	73,	72,	68		

4 4, 120 - 159, 16:08

2						2:17.00
	90,	69,	77,	75		
3						2:00.00
	86,	85,	84,	88		
4 105-			105-			2:06.00
	68,	81,	86,	79		
5						2:10.00
	76,	75,	88,	90		
6						2:04.00
	87,	89,	81,	91		
7						2:16.50
	86,	88,	88,	90		



XXV

, 1-3

2016

"

"

3 - 3

2016 .

03.04.2016 - 10:00

03.04.2016 - 10:00

28

, 4 x 200m

100 - 359

_____ 1 __ 1, __ 240 - 279, 10:00

EXI4

60,

57,

50,

56

9:50.00

03.04.2016 - 10:11

29

, 4 x 100m

100 - 359

_____ 1 __ 1, __ 120 - 159, 10:11

EXI4

87,

89,

77,

87

4:09.50

03.04.2016 - 10:17

30

, 50m

25 - 94

_____ 1 __ 7, 80 - 84 __ , 10:17

1	35	1:20.00
2	38	1:25.00
3	40	55.00
4	42	48.00
5	46	54.00
6	49	53.00
7	48	42.50
8	50	1:11.00

" "

50

30, , 50m			
<u>2 7, 60 - 64 , 10:19</u>			
1	53		59.00
2	54		44.00
3	56		47.00
4	61	()	49.46
5	57	-	44.00
6	59		44.00
7	59	105-	50.00
<u>3 7, 50 - 54 , 10:21</u>			
2	63		52.05
3	64	43	38.50
4	65		40.31
5	68		46.00
6	69		43.09
7	69		49.00
<u>4 7, 45 - 49 , 10:23</u>			
1	68		41.00
2	68	-	39.50
3	67		38.00
4	71		35.00
5	68	105-	37.00
6	67		39.00
7	68	U-club	40.47
8	68		42.00
<u>5 7, 40 - 44 , 10:25</u>			
1	72		40.80
2	73		38.00
3	73		36.50
4	75		33.50
5	72		33.70
6	76		37.50
7	74	43	38.00
8	75		46.00
<u>6 7, 35 - 39 , 10:27</u>			
2	78		38.00
3	77		34.00
4	77	105-	36.00
5	85	()	36.00
6	82	-	40.00
<u>7 7, 25 - 29 , 10:28</u>			
1	90	()	50.00
2	88		36.00
3	91		34.00
4	89		32.50
5	88		33.40
6	88		35.00
7	89	-	40.00

31
03.04.2016 - 10:31

, 50m

25 - 94

1 10, 85 - 89 , 10:31

2	30		1:23.00
3	33		49.00
4	37		52.00
5	40	()	48.00
6	41		50.00
7	42		55.00

2 10, 70 - 74 , 10:33

1	43	-	48.00
2	46		39.50
3	43		40.00
4	46		41.00
5	47		48.00
6	49		45.00
7	48	()	47.98
8	51	-	51.00

3 10, 65 - 69 , 10:35

1	47		45.00
2	48		39.00
3	49		36.50
4	47		39.00
5	48		40.00
6	49		43.00
7	55		43.00
8	56		NT

4 10, 60 - 64 , 10:37

1	55	-	40.00
2	56		39.50
3	56		36.34
4	56	-	34.90
5	55		35.00
6	54	-	39.00
7	55		40.00
8	52	43	43.00

5 10, 55 - 59 , 10:38

1	57		40.00
2	61	()	36.50
3	61		33.95
4	60		31.50
5	57		31.80
6	61		35.50
7	58		37.00

31, , 50m

6 10, 50 - 54 , 10:40

1	62		37.00
2	65		34.00
3	64	-	33.00
4	63		31.00
5	64	-	32.50
6	62		33.50
7	62		36.00

7 10, 45 - 49 , 10:42

1	69		42.00
2	67		35.00
3	69		32.50
4	68		30.17
5	71	Kipsala	30.50
6	70		34.00
7	71	-	39.00

8 10, 40 - 44 , 10:43

1	73		34.50
2	75	()	32.50
3	74		29.00
4	74		29.99
5	73	()	33.00
6	81	43	34.00
7	81	-	39.00

9 10, 35 - 39 , 10:45

1	79		34.00
2	79		31.00
3	77		30.00
4	80		30.20
5	81		31.50
6	80		32.00
7	82	()	32.00
8	84	()	35.20

10 10, 25 - 29 , 10:47

1	87		28.54
2	90		28.05
3	90	-	27.20
4	87		26.50
5	90	-	27.00
6	88		28.00
7	88		28.50

32
03.04.2016 - 10:49

, 100m

25 - 94

1 2, 75 - 79 , 10:49

2	41	43	2:06.00
3	54		1:49.00
4	59		1:18.50
5	66		1:36.00
6	67	-	1:35.50
7	67		1:43.00

2 2, 40 - 44 , 10:52

1	75	105-	1:37.00
2	72		1:08.00
3	74		1:25.00
4	81		1:30.00
5	85		1:08.50
6	84		1:22.42
7	88		1:21.00

33
03.04.2016 - 10:55

, 100m

25 - 94

1 9, 75 - 79 , 10:55

3	37		2:15.00
4	41		1:36.00
5	37		2:15.00
6	40		2:15.00

2 9, 70 - 74 , 10:58

2	42	-	1:50.00
3	46		1:38.00
4	45		1:30.50
5	44	U-club	1:38.00
6	44	-	1:43.00

3 9, 65 - 69 , 11:01

1	51	-	1:37.00
2	47		1:40.00
3	54	()	1:40.00
4	55		1:20.50
5	56		1:14.00
6	54	U-club	1:20.00
7	56		1:21.00
8	55		1:40.00

33, , 100m

4 9, 55 - 59 , 11:04

2	59		1:20.00
3	60		1:13.77
4	61		1:05.00
5	59	Nepean Masters	1:07.00
6	61		1:18.19

5 9, 50 - 54 , 11:06

2	65		1:18.18
3	66		1:12.00
4	66		1:06.50
5	65		1:10.00
6	62		1:14.10

6 9, 45 - 49 , 11:08

1	70		1:10.00
2	67		1:10.00
3	69		1:03.00
4	67		1:01.50
5	71		1:02.00
6	71	Kipsala	1:08.00
7	69		1:10.00
8	69		1:11.00

7 9, 40 - 44 , 11:10

1	75		1:13.12
2	73		1:08.50
3	73		1:07.00
4	74	()	1:08.00
5	76		1:12.00
6	76		1:12.00
7	81		1:10.00
8	78		1:11.00

8 9, 35 - 39 , 11:13

1	78		1:04.50
2	80	105-	59.00
3	77		1:04.00
4	79		1:08.00
5	82		1:11.00
6	86	-	1:06.70
7	82		1:08.00
8	84	()	1:20.00

9 9, 30 - 34 , 11:15

1	86	-	1:04.50
2	85		1:03.00
3	82		1:03.05
4	86	105-	1:03.50
5	88	()	1:02.50
6	87		59.50
7	87		1:00.00
8	90		1:04.00

34
03.04.2016 - 11:18

, 200m

25 - 94

1 6, 65 - 69 , 11:18

3	51		4:10.00
4	55	()	2:50.00
5	54		3:40.00

2 6, 55 - 59 , 11:23

1	59	105-	3:48.00
2	61		3:40.00
3	60		3:25.25
4	61		3:34.00
5	61	()	3:44.26
6	65		3:10.00
7	65		3:05.00
8	63		3:40.00

3 6, 45 - 49 , 11:28

1	67		3:35.00
2	69		3:28.00
3	68		3:10.00
4	71		3:01.00
5	69		3:05.00
6	69		3:20.00
7	71		3:28.00

4 6, 40 - 44 , 11:32

2	72		3:25.00
3	75	-	3:20.00
4	73		2:57.50
5	76		3:17.50
6	76		3:20.00
7	75	43	3:26.00

5 6, 35 - 39 , 11:37

2	81		3:51.00
3	81		3:20.00
4	78	-	3:05.07
5	79		3:10.00
6	80	43	3:26.00

6 6, 25 - 29 , 11:41

2	89	()	4:00.00
3	91		3:00.00
4	90		2:58.00
5	88		3:00.00
6	88		3:20.00

35
03.04.2016 - 11:47

, 200m

25 - 94

1 10, 80 - 84 , 11:47

2	35		4:34.00
3	38		5:00.00
4	41		4:48.00
5	37		4:08.00
6	40		4:08.00
7	38		4:58.00

2 10, 70 - 74 , 11:53

1	43		4:20.00
2	46		3:50.00
3	46		3:39.00
4	43		2:20.00
5	46		3:33.33
6	45		3:45.00
7	46		4:10.00

3 10, 65 - 69 , 11:58

2	47		3:50.00
3	50		3:27.00
4	49	U-club	3:25.00
5	49	U-club	3:26.00
6	50		3:47.00
7	51		4:20.00

4 10, 60 - 64 , 12:04

1	52	-	3:27.00
2	55		3:07.00
3	53	U-club	3:02.00
4	55		3:05.00
5	54		3:15.00
6	55		3:20.00
7	60		3:24.00

5 10, 55 - 59 , 12:08

1	60		3:18.00
2	59		3:10.00
3	60		2:49.88
4	57		2:39.52
5	59		2:45.00
6	61		2:56.00
7	61		3:10.00
8	66	()	3:21.87

35, , 200m

6 10, 50 - 54 , 12:12

1	62	2:59.20
2	66	2:53.00
3	62	2:50.00
4	63	2:51.00
5	65	2:55.00
6	68	3:08.00
7	67	3:00.00
8	68	3:20.00

7 10, 45 - 49 , 12:17

1	68	2:55.00
2	67	2:50.77
3	67	2:47.70
4	71	2:36.00
5	68	2:40.00
6	71 ()	2:50.00
7	69	2:53.00
8	73	3:20.00

8 10, 40 - 44 , 12:21

1	72	3:08.00
2	73	2:55.00
3	75	2:49.00
4	76	2:35.00
5	74	2:45.00
6	75	2:50.00
7	74	2:59.00
8	72	3:15.00

9 10, 35 - 39 , 12:25

2	78	3:02.77
3	78	2:46.00
4	81	2:28.50
5	81 105-	2:29.00
6	78	2:55.00
7	80	3:20.00

10 10, 30 - 34 , 12:30

1	83 -	2:55.00
2	84	2:32.00
3	82	2:30.00
4	83	2:30.00
5	84	2:45.00
6	89	2:33.78
7	91 43	2:24.72
8	90	2:55.00

36 , 4 x 50m 100 - 359
03.04.2016 - 12:34

		1	2	280 - 319, 12:34				
1			40,	36,	51,	54	3:17.00	
2			60,	56,	51,	54	2:19.00	
3			69,	59,		52,	76	2:33.00
4	43		64,	41,	43	72,	74	2:24.00
5			57,	71,		54,	81	2:18.00
6			68,	67,		61,	68	2:20.00
7			72,	69,	69,		49	2:25.22

		2	2	160 - 199, 12:38				
1	105-		77,	59,	105-	59,	79	2:25.00
2			73,	55,		71,	87	2:08.50
3			72,	71,		73,	83	1:57.00
4			67,	74,		68,	88	2:03.00
5			67,	74,		79,	72	2:10.00
6			73,	68,		88,	90	2:18.00
7			86,	81,		77,	88	1:59.00
8			86,	77,		75,	69	2:23.00

37 , 4 x 50m 100 - 359
03.04.2016 - 12:42

		1	3	320 - 359, 12:42				
1			37,	33,	37,	36	2:55.00	
2			49,	30,	50,	47	2:50.00	
3			46,	46,		43,	49	2:07.00
4			41,	47,	46,	47	2:10.00	
5	43		54,	52,	43	54,	57	2:10.00

37, , 4 x 50m

6						1:56.00
	54,	55,	54,	61		
7						2:15.00
	43,	51,	47,	60		
<hr/>						
<u>2 3, 200 - 239, 12:46</u>						
1						2:00.00
	73,	62,	66,	62		
2						1:52.00
	69,	59,	56,	76		
3						1:49.00
	63,	47,	79,	75		
4						1:50.00
	60,	55,	87,	61		
5						1:55.00
	69,	55,	61,	61		
6						1:46.00
	67,	67,	66,	82		
7						1:43.00
	87,	69,	70,	74		
8						1:44.00
	77,	66,	74,	87		

3 3, 120 - 159, 12:49

1						1:59.00
	77,	80,	79,	80		
2	-		-			1:47.00
	85,	86,	86,	54		
3						1:42.00
	84,	83,	81,	85		
4						1:44.00
	88,	72,	90,	73		
5						1:58.00
	56,	86,	77,	90		
6						1:41.00
	87,	90,	87,	85		
7 105-		105-				1:44.00
	91,	86,	90,	81		

12:53

10

38
03.04.2016 - 13:03

, 200m

25 - 94

1 4, 75 - 79 , 13:03

1	41		4:30.00
2	54		3:45.00
3	55		2:42.00
4	61		3:40.00
5	59		2:58.00
6	59	43	3:30.00
7	61		4:00.00

2 4, 50 - 54 , 13:08

2	63		3:15.00
3	67	-	3:25.00
4	67		3:06.00
5	68		3:20.00
6	67		3:39.00

3 4, 40 - 44 , 13:13

2	72		3:20.00
3	74		3:02.00
4	72		2:35.50
5	73		2:50.00
6	75	105-	3:15.00
7	79		3:40.00

4 4, 30 - 34 , 13:17

1	84		3:40.59
2	82		2:55.00
3	82	-	3:25.00
4	88		3:03.00
5	90		2:35.00
6	87		2:32.00
7	88	-	2:35.00
8	89	()	5:00.00

39
03.04.2016 - 13:24

, 200m

25 - 94

1 9, 80 - 84 , 13:24

2	34		4:00.00
3	37		4:38.00
4	41		3:57.00
5	40		4:30.00
6	43		3:55.00

39, , 200m

2 9, 70 - 74 , 13:30

1	44		3:50.00
2	44	U-club	3:40.00
3	46		2:30.00
4	42	-	3:30.00
5	44	-	3:49.00
6	46		3:50.00
7	51	-	3:41.00
8	49		3:48.00

3 9, 65 - 69 , 13:34

1	48		3:20.00
2	49	U-club	3:13.00
3	47		2:40.00
4	51		3:00.00
5	48		3:20.00
6	50		3:23.00
7	55	-	3:12.00
8	54		3:25.00

4 9, 60 - 64 , 13:39

1	54	U-club	3:00.00
2	56		2:54.00
3	54		2:55.00
4	56		3:00.00
5	58		2:50.00
6	59		2:30.00
7	57		2:30.90
8	61		2:55.00

5 9, 50 - 54 , 13:43

2	66		2:56.00
3	62		2:44.00
4	65		2:35.00
5	65		2:38.00
6	64		2:50.00

6 9, 45 - 49 , 13:47

1	67		2:45.00
2	70		2:36.00
3	67		2:28.30
4	68		2:20.00
5	67		2:25.20
6	69		2:32.00
7	70		2:41.00
8	71	-	2:58.00

39, , 200m

7 9, 40 - 44 , 13:51

2	75	2:55.10
3	72	2:32.00
4	75	2:24.00
5	75	2:28.00
6	72	2:47.00

8 9, 35 - 39 , 13:55

1	77	3:00.00
2	78	2:40.00
3	81	2:35.00
4	80 105-	2:18.00
5	81 -	2:18.00
6	79	2:37.50
7	77	3:00.00

9 9, 30 - 34 , 13:59

2	82	2:32.00
3	89	2:30.00
4	90	2:25.00
5	87	2:16.00
6	87 ()	2:23.00
7	87	2:35.60

40

, 400m

25 - 94

03.04.2016 - 14:03

1 5, 14:03

3	51	8:45.00
4	40	8:30.00
5	56	8:30.00
6	36	9:30.00

2 5, 14:13

1	57 -	8:15.00
2	52	7:39.00
3	51	7:15.00
4	69	6:30.76
5	74	7:36.00
6	65	7:45.00
7	81	7:56.00

40, , 400m

3 5, 14:22

1	84	105-	6:25.00
2	87		6:20.00
3	71		6:18.00
4	83	()	6:10.00
5	67	-	6:15.00
6	83		6:19.00
7	86		6:24.00
8	68		6:30.00

4 5, 14:30

1	74		6:00.00
2	69	-	5:55.00
3	87		5:45.00
4	86		5:40.00
5	80	()	5:45.00
6	77		5:48.93
7	60		5:55.55
8	76		6:05.37

5 5, 14:37

1	84		5:34.89
2	64		5:27.00
3	69		5:20.00
4	91		5:10.00
5	69		5:12.00
6	79	()	5:25.00
7	85	()	5:32.00
8	82		5:40.00

41

, 400m

20 - 94

03.04.2016 - 14:44

1 9, 14:44

2	40	-	8:30.00
3	54		7:52.00
4	50		7:40.00
5	35		7:51.00
6	40		8:20.00
7	40	()	9:12.00

2 9, 14:54

1	44		7:30.00
2	65		7:00.00
3	48	()	6:50.00
4	60		6:40.00
5	46		6:44.00
6	50		6:55.00
7	56	()	7:05.00
8	48		7:40.00

41, , 400m

3 9, 15:03

1	62	6:30.00
2	49	6:25.50
3	54 ()	6:20.00
4	45	6:15.50
5	46	6:20.00
6	48	6:20.00
7	53	6:30.00
8	63	6:35.00

4 9, 15:11

1	64	6:00.00
2	55	5:55.50
3	63	5:50.00
4	56 -	5:50.00
5	60	5:50.00
6	56	5:55.00
7	63	6:00.00
8	56	6:00.00

5 9, 15:18

1	70	5:50.00
2	74	5:45.00
3	57	5:35.00
4	73	5:30.00
5	58	5:30.00
6	72	5:40.00
7	60	5:47.00
8	56	5:50.00

6 9, 15:25

1	74	5:21.13
2	84	5:20.00
3	73	5:15.00
4	54	5:14.00
5	59	5:15.00
6	59	5:20.00
7	76	5:20.00
8	59	5:30.00

7 9, 15:31

1	56	5:10.00
2	66 -	4:56.00
3	69	4:55.00
4	70	4:49.90
5	67	4:54.00
6	66	4:55.00
7	61	5:00.00
8	64	5:10.00

41, , 400m

8 9, 15:37

1	77		4:45.00
2	78	()	4:40.00
3	67		4:36.25
4	64		4:30.00
5	73		4:36.00
6	60		4:38.55
7	91	105-	4:40.00
8	72		4:46.00

9 9, 15:43

1	87		4:29.99
2	91		4:25.00
EX13	93	()	4:20.55
4	91	43	4:04.16
EX15	94	()	4:20.00
6	81		4:23.28
7	85		4:25.00
8	89	()	4:30.00